Overview/ Front Page:

The Pyramid Model for Promoting Social-Emotional Competence in Infants and Young Children (Pyramid Model)



The Pyramid Model is a way to help young children learn important social and emotional skills so they can do well in school and life. Think of it as a guide to support your child's development in a fun and effective way. Here's how it works:

- 1. **Tier 1: Building a Strong Foundation:** At the base of the pyramid, we focus on creating positive relationships and supportive environments. This means making sure children feel safe, loved, and respected. We teach them how to play and get along with others through everyday activities and routines.
- 2. Tier 2: Extra Help When Needed: In the middle of the pyramid, we provide extra support for children who might need a bit more help learning social skills, like taking turns or expressing their feelings. This might include small group activities or special games that teach these skills in a fun way.
- 3. **Tier 3: Individual Support:** At the top of the pyramid, we offer individualized help for children who need even more support. This is for kids who might have bigger challenges and need a personalized plan to help them succeed. We work closely with families to make sure the support fits the child's unique needs.

Why It's Important

• Helps Children Thrive: The Pyramid Model helps children learn how to manage their emotions, build friendships, and solve problems. These skills are important for their success in school and beyond.

- **Supports Families:** We provide tools and strategies for families to use at home, making it easier for you to support your child's development.
- **Creates a Positive Environment:** By using the Pyramid Model, we create a positive and inclusive environment where all children can learn and grow.

How We Do It

- **Play and Interaction:** We use play and everyday interactions to teach social and emotional skills.
- **Consistency:** We work together with families to ensure children receive consistent support both at school and at home.
- **Fun Activities:** Our approach includes lots of fun and engaging activities that make learning these skills enjoyable for children.

The Pyramid Model is all about helping children build strong emotional and social foundations so they can thrive in all areas of their lives.

Parent Resources

Social Stories

- o <u>Cleaning Up Social Story</u>
- o <u>Going to School Social Story</u>
- o <u>Brushing Teeth Social Story</u>
- o <u>Be a Super Friend Social Story</u>
- o Follow Family Rules Social Story
- o Problem Solving at Home Social Story
- o Selecting a Solution Social Story
- o <u>Tucker Turtle at Home Social Story</u>

• Visual Supports for Home

- o <u>Deep Breathing Strategy Visual</u>
- o <u>Feeling Faces Chart Visual</u>
- o <u>Routines, Schedules Visuals</u>
- o <u>Transition Card Visuals</u>

• Tip Sheets

- o Tips for helping your child to stop hitting and pushing
- o <u>Tips for helping your child become independent with daily routines</u>
- o Tips for supporting infant toddler social emotional development
- o <u>Tips for supporting your child in different situations and environments</u>

- o <u>Tips and strategies for having a good day</u>
- o <u>Tips for helping your child transition between activities</u>
- o <u>Tips for providing positive feedback</u>
- o <u>Tips for helping your child learn to share</u>
- o Tips for helping your child learn to take turns
- o <u>Tips for helping your child learn about feeling birth to age 2</u>
- o <u>Tips for using a calm down area at home</u>

• Videos and Webinars

- o Video: Learn Pyramid Model Basics
- o Video: Pyramid Model Research
- o Video: <u>Vital conversations with young children about race</u>
- o Video: Practical Strategies for Teaching Social-Emotional Skills
- Webinar: <u>Being present to having a presence; Family belonging in the pyramid</u> <u>model</u>
- Webinar: <u>Partnering with Success: Stories from Early Childhood Professionals and</u> <u>Family Engagement</u>
- Webinar: <u>Prevent-Teach-Reinforce for Young Children: An Intervention Model for the</u> <u>Most Serious Challenging Behaviors</u>